

Home emergency kit checklist

Food + water

- Drinking water (9L+ per person)
- Purification tablets to make drinking water safe
- Food with a long shelf life (9 meals per person, ready to eat)
- Can opener (if needed)

Optional

- Gas cooker
- Gas
- Lighter
- Water (for cooking and washing up)

Lighting + communications

- Torch or headlamp (battery powered)
- Radio (battery powered)
- Batteries (2 sets, alkaline or lithium)

Optional

- Power bank
- Lantern (battery powered)
- Lantern batteries (alkaline or lithium)

Dependents

- Supplies for babies and toddlers, including their food and water
- Supplies for pets and other animals, including their food and water

Tools + equipment

- Tools for turning off water, power and gas + instructions for doing so
- Work gloves (heavy duty)
- Duct tape
- Permanent marker

Toilet + hygiene + medical

- Buckets with lids x2 (1 for poo and paper, 1 for wee)
- Thick plastic bags (to line poo bucket)
- Sawdust or similar dry mulch (to cover poo)
- Storage container with lid (for bags of poo)
- Extra water (to dilute wee)
- Disposable cleaning gloves
- Disinfectant
- Disinfectant wipes
- Toilet paper
- Soap
- Hand sanitiser
- Toiletries and sanitary items
- Ear plugs
- Masks rated P2 or N95 (3+ per person)
- First aid kit with good wound dressings
- Painkillers
- Medications + copies of prescriptions
- Special medical equipment you need + back-up power if required
- Personal items you need (eg, hearing aid batteries, contact lenses + fluid)

Other

- Cash in small denominations
- Spare fuel for vehicles if you live far from shops
- A list of items in your kit + a note of where other supplies are kept at home
- A note of how much food and water is allocated for each person and animal each day
- Emergency plan