

Home emergency kit checklist

Food + water

- ☐ Drinking water (9L+ per person)
- ☐ Purification tablets to make drinking water safe
- ☐ Food with a long shelf life (9 meals per person, ready to eat)
- ☐ Can opener (if needed)

Optional

- ☐ Gas cooker
- ☐ Gas
- ☐ Lighter
- ☐ Water (for cooking and washing up)

Lighting + communications

- ☐ Torch or headlamp (battery powered)
- ☐ Radio (battery powered)
- ☐ Batteries (2 sets, alkaline or lithium)

Optional

- ☐ Power bank
- ☐ Lantern (battery powered)
- ☐ Lantern batteries (alkaline or lithium)

Dependents

- ☐ Supplies for babies and toddlers, including their food and water
- ☐ Supplies for pets and other animals, including their food and water

Tools + equipment

- ☐ Tools for turning off water, power and gas + instructions for doing so
- ☐ Work gloves (heavy duty)
- ☐ Duct tape
- ☐ Permanent marker

Toilet + hygiene + medical

- ☐ Buckets with lids x2 (1 for poo and paper, 1 for wee)
- ☐ Thick plastic bags (to line poo bucket)
- ☐ Sawdust or similar dry mulch (to cover poo)
- ☐ Storage container with lid (for bags of poo)
- ☐ Extra water (to dilute wee)
- ☐ Disposable cleaning gloves
- ☐ Disinfectant
- ☐ Disinfectant wipes
- ☐ Toilet paper
- ☐ Soap
- ☐ Hand sanitiser
- ☐ Toiletries and sanitary items
- ☐ Ear plugs
- ☐ Masks rated P2 or N95 (3+ per person)
- ☐ First aid kit with good wound dressings
- ☐ Painkillers
- ☐ Medications + copies of prescriptions
- ☐ Special medical equipment you need + back-up power if required
- ☐ Personal items you need (eg, hearing aid batteries, contact lenses + fluid)

Other

- ☐ Cash in small denominations
- ☐ Spare fuel for vehicles if you live far from shops
- ☐ A list of items in your kit + a note of where other supplies are kept at home
- ☐ A note of how much food and water is allocated for each person and animal each day
- ☐ Emergency plan